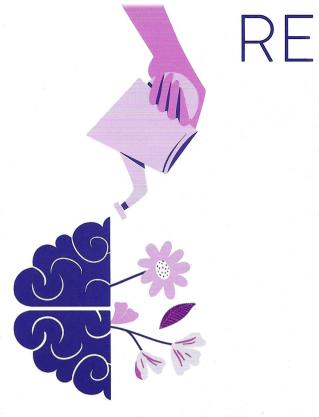
and their families. Call (800) 952-2335. Santa Cruz County Health Services Agency treatment options for Santa Cruz County adults, children Call Center provides a wide range of prevention and

available to them. Call 211 or (831) 713-4111. over 8,000 Santa Cruz County callers and texters each and referral service for Santa Cruz County connecting 2-1-1 Santa Cruz County is a comprehensive information year with information about health and human services



support, information, and referrals. If you or someone you connect with specialists who provide emotional support, grief and a warmline for non-emergency, emotional support calls (888) 670-1360. know would benefit from a friendly conversation. Call for older adults and adults living with disabilities. Callers can Friendship Line California is both a crisis intervention hotline

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conditions. Available in both English and Spanish. confidential support at no cost to individuals and families experiencing mental and/or substance use Scan the QR code or visit samhsa.gov/find-help SAMHSA's National Helpline offers 24/7, year-round



confidential support for people in distress. Call or text 988 or 988 Suicide & Crisis Lifeline provides 24/7, free, and visit 988lifeline.org.

national-helpline.

caring qualified responders with the Department of Veterans Affairs. Call 988 and press 1 or text 838255 Veterans Crisis Line is a resource for Veterans in crisis to reach

crisistextline.org/text-us. health resources. Text HOME to 741741 or visit the website offers free, 24/7, crisis support to anyone seeking menta Crisis Text Line uses familiar and trusted media sources

ental Health Awareness Month onth: Proclaims May 2023 as Maternal aternal Mental Health Awareness

**AB 102** and other state entities that provide health and social Budget Act of 2023: \$248.1 billion to the Health and services to vulnerable and at-risk residents. Human Services Agency who oversees departments

## The Behavioral Health Services Act:

Services Act (MHSA). This will be brought to voters on the March 2024 ballot. Proposes significant changes to the Mental Health